Suicide Prevention Newsletter

# Events

• • •

• • •

**QPR Class –**

• • •

# TRAININGS

• • •

• • •

Suicide Prevention Coalition of Iowa County WI Date, 2019

### Thank You …

What is QPR?? Question Persuade Refer (QPR):

Fundraiser:

Positive Affirmation:

# Online Grief Resources

Grief Support Groups in Southwestern Wisconsin

[www.Suicide-IowaCountyWI.org](http://www.Suicide-IowaCountyWI.org) -“Get Help”

# LaFayette Co.

• • •

# Grant Co.

• • •

**Survivor of Suicide (SOS)**

1st & 3rd Thursday 5pm-6:30

UW Platteville – 1 University Plaza

• • •

**You’re Not Alone**

Teen Support Group

Katie Grady 608-342-3009

# Vernon Co.

**Compassionate Friends**

2nd Sunday of Month 5:00pm

1020 High Ave. Hillsboro

Contact: (608) 489-2571. [TCFofhillsandvalleyregion@htomail.com](mailto:TCFofhillsandvalleyregion@htomail.com)

Crawford Co.

**Grief Support Group**

1st Thursday @ 7:00pm

Crossing River Health-Polodna Conference Room

Richland Co.

**Grief Support Group**

Richland Hospital (Agrace)

[(608) 647-6321](https://www.google.com/search?q=richland+hospital+richland+center+wi&rlz=1C1GGRV_enUS753US756&oq=Richland+hospital&aqs=chrome.1.0l6.10296j0j8&sourceid=chrome&ie=UTF-8)

# Iowa Co.

• • •

**Sharing Grief of Suicide Loss**

2nd Thursday of each month, Open to anyone that has suffered a loss due to suicide. Dodgeville. 303W. Chapel St

• • •

**Iowa County Veterans and First Responders Community Group**

Cobblestone Coffee House @ 8:00am: 3rd Thurs of the month, 239 N Iowa St, Dodgeville, WI 53533  
 • • •

**Compassionate Friends -**Dodgeville

3rd Tuesday @ 7:00pm - Grace Lutheran Church 1105 Bequette St.

Contact: (608) 604-1723 or [Julie.Henneman@landsend.com](mailto:Julie.Henneman@landsend.com)

• • •

**Grief Support Group**

Shannon Radel, Bereavement Social Worker (608) 930-8000

Upland Hills Health, Dodgeville.

Sauk Co.

• • •

**Traumatic/ Completed Grief Support Group (Suicide / Overdose)**

2nd Thursday of each month, 7:00pm-8:00pm

821 Industry Dr. Sauk City

• • •

**Bridges: Grief Support Group:**  Every other Wednesday 10:00am-11:30

Reedsburg Library 370 Vine St. Reedsburg. (also Richland County)

• • •

**Grief Support Group:** 1670 S. Boulevard Baraboo, 800-553-4289. (also Richland County)

• • •

**Stress Among Farming Communities and Suicide** **Awareness** Forum is planned for February and March but will not be offering presenters during April – October. Plans to start again in November will be shared at that time.